

# **Multi-agency Training Programme 2010-11**

All courses are fully subsidised, so free to book and attend, but a charge of £75 will be made for non-attendance or late cancellation if an alternative delegate does not fill the place. (See policy on page 7)

All courses run from 9:30am to 4:30pm (unless stated otherwise)

The main venue for training is Oaktree Annexe on Priory Road in Park (OAKT on calendar). 'Building Self esteem...' runs at the education centre at Lydiard House and, occasionally, other venues are also used – eg Park South Community Centre (PSCC on calendar). You will be given full details and directions to the venue on confirmation of your booking.

## **Introduction events**

We understand that attendance at a 2-day foundation-training event can be difficult for some people and that, in some areas of work, that level of training may not be required by all staff. These 2-hour introduction sessions encourage a broader audience for our training and briefly cover all the key issues, give you a Swindon specific perspective and introduce you to local support services that can help you in the future in your work with children and young people.

### **An Introduction to Sexual Health (2 HOURS 10.30 – 12.30)**

- March 24th                      Wednesday
- September 8th                Wednesday
- November 4th                Thursday
- December 16<sup>th</sup>                Thursday

Do you ever consider whether the work you do with children, young people and families involves anything to do with sexual health?

These sessions will show you just how much sexual health work you're already doing without even realising it. Particularly for those working with under-5s and primary age children, find out how what you do now is the foundation for all later learning in secondary school and on into adulthood.

With an introduction to local support services and a picture of sexual health in Swindon to put it all in perspective, this could be one of the best and most thought-provoking 2-hours you ever spend!

## **Foundation events**

### **Understanding Alcohol and Other Drugs – working with children and young people (2 DAYS)**

**Updated and revised for June / July 2010.**

Recommended introductory training for carers, volunteers, staff and managers in the Children's Workforce on key themes, skills and research in substance use. One day focuses on alcohol and core skills and the second day on other drugs of use and misuse; introducing valuable resources, skills and techniques to enhance your practice and boost your confidence in this area. It is co-facilitated by the Healthy Schools lead for Drug and Alcohol Education. Always well evaluated and a useful foundation for further training.

- ❑ **March 2<sup>nd</sup> & 9<sup>th</sup>** **Tuesdays**
- ❑ **May 4<sup>th</sup> & 11<sup>th</sup>** **Tuesdays**
- ❑ **June 9<sup>th</sup> – 14<sup>th</sup> July (evenings)** **Wednesdays**
- ❑ **September 14<sup>th</sup> & 21<sup>st</sup>** **Tuesdays**
- ❑ **November 30<sup>th</sup> & December 7<sup>th</sup>** **Tuesdays**
- ❑ **One more date between Jan-Mar 2011 – date TBC**

### **Understanding Child and Adolescent Mental Health (2 DAYS)**

Recommended introductory training for carers, volunteers, staff and managers in the Children's Workforce on key themes, skills and research to promote and support children's and young people's mental health. Over two days, this event explores attachment, resilience, child development and value bases specific to mental health. It offers additions to your 'toolkit' to increase your skills and confidence when working with children and young people around their emotional health and well-being. This event is consistently well evaluated and has been developed and facilitated in partnership with the Primary Mental Health Service.

- ❑ **March 10<sup>th</sup> & 17<sup>th</sup>** **Wednesday**
- ❑ **May 5<sup>th</sup> & 12<sup>th</sup>** **Wednesdays**
- ❑ **July 6<sup>th</sup> & 13<sup>th</sup>** **Tuesdays**
- ❑ **October 12<sup>th</sup> & 19<sup>th</sup>** **Tuesdays**
- ❑ **One more date between Jan-Mar 2011 – date TBC**

## **Understanding Sexual Health – working with children and young people (2 DAYS)**

**Updated and revised for June 2010.**

Recommended introductory training for carers, volunteers, staff and managers in the Children's Workforce on key themes, skills and research in sexual health. Includes a working definition of 'sexual health' around which all sexual health and relationships work can be based, , sexually transmitted infections, sex and the law, effects of homophobia, contraception options, gender sensitive approaches to the work, understanding the pressures to be sexually active, an exploration of good SRE in both primary and secondary schools and how to promote sexual health with young people of all ages. The Healthy Schools Team, the SARC (Sexual Assault Referral Centre), outreach sexual health services and GWH sexual health department support the facilitation of this training.

- **June 8<sup>th</sup> & 15<sup>th</sup>** **Tuesdays**
- **September 2<sup>nd</sup> & 9<sup>th</sup>** **Thursdays**
- **November 2<sup>nd</sup> & 9<sup>th</sup>** **Tuesdays**
- **One more date between Jan-Mar 2011 – date TBC**

# Advanced (progression from Foundation events)

## Substance Use

### **Advanced Interventions with Alcohol & Other Drugs (1 DAY)** **Completely revised for June 2010.**

This training has been completely revised and now takes you through the key skills and resources for primary prevention, early identification, early intervention and longer-term support for young people around their drug and alcohol use.

It still introduces the locally devised SUIT (Substance Use Identification Tool) but now also utilizes newly created local DVD resources to introduce real case studies too. Brief interventions and motivational interviewing techniques will be introduced (although we recommend attending our 2-day training in Brief Interventions – Solution Focused Approaches if you would like to develop these skills further).

You will leave this training with a comprehensive understanding of local support services and how to make an appropriate referral to them too.

It is required to attend foundation training 'Understanding Alcohol and Other Drugs' prior to this event or have equivalent prior learning or experience.

- ❑ **September 28<sup>th</sup>                      Tuesday**
- ❑ **December 14<sup>th</sup>                      Tuesday**
- ❑ **One more date between Jan-Mar 2011 – date TBC**

### **Effects of Substance Use in Pregnancy** **New addition to programme**

This new addition to the substance use area of the programme also links in with sexual and reproductive health and mental health. This one-day training will give you an insight into how substance use in pregnancy can affect the health and well-being of the foetus, attachment with main care givers and later child development. Good practice in the recognition and management of substance use in pregnancy will be described. Tobacco, alcohol, cannabis, opiates and cocaine will be the main substances explored on this training.

Facilitated by a specialist midwife, specialist health visitor and a member of the Targeted Mental Health in Schools (TaMHS) team.

It is required to attend foundation training 'Understanding Alcohol and Other Drugs' prior to this event or have equivalent prior learning or experience.

- ❑ **July 20<sup>th</sup>                                      Tuesday**
- ❑ **November 18<sup>th</sup>                              Thursday**
- ❑ **One more date between Jan-Mar 2011 – date TBC**

### **Self Harm & Eating Disorders (2 DAYS)**

**Updated and revised for April 2010.**

This popular training offers a sound introduction to self-harm and eating disorders with useful practical tools and skills to take into your own practice. The recent review has improved the training activities making this a much more interactive event now. You will cover, recognising signs and symptoms, understanding the key triggers, take away some key skills and techniques in offering useful support, and better understand the range of local support services available to young people and their families who are experiencing these challenging issues.

Facilitated by experienced practitioners from the Youth Offending Team (mental health nurse) and the Primary Mental Health Service and supported, when possible, by staff from the Dietetic Unit at GWH.

It is required to attend foundation training 'Understanding Child and Adolescent Mental Health' prior to this event or have equivalent prior learning or experience.

- **April 21<sup>st</sup> & 28<sup>th</sup>**                      **Wednesdays**
- **July 15<sup>th</sup> & 22<sup>nd</sup>**                      **Thursdays**
- **November 10<sup>th</sup> & 17<sup>th</sup>**                **Wednesdays**
- **One more date between Jan-Mar 2011 – date TBC**

### **Building Self Esteem – Reducing Risk-taking Behaviours (2 DAYS)**

**Updated and revised for March 2010.**

This training is based on a roll-out of a nationally recognised approach to supporting young people to delay early sexual experience. It is rooted in skills to build self-esteem and has been adapted to cover a broader spectrum of risk-taking behaviours such as substance use, offending and self-harm.

It is not essential to have attended any of the foundation training prior to this event but a core understanding of communications skills and empathy for the pressures young people experience will be helpful. Having attended any one of the foundation training events, or having equivalent prior learning or experience, will be an advantage.

- **March 4<sup>th</sup> & 11<sup>th</sup>**                      **Thursdays**
- **May 18<sup>th</sup> & 25<sup>th</sup>**                      **Tuesdays**
- **October 14<sup>th</sup> & 21<sup>st</sup>**                    **Thursdays**
- **November 29<sup>th</sup> & December 6<sup>th</sup>**      **Mondays**
- **One more date between Jan-Mar 2011 – date TBC**

## **Brief interventions: Solution-focussed techniques (2 DAYS)**

**Updated and revised for March 2010.**

This is a very practical and popular 2-day training to learn and practice some simple yet powerful techniques in communication skills to focus on solutions rather than problems. This event will demonstrate what a difference can be made to help your clients 'move on' in even a short period of time.

This is an introductory course so may not be suitable for people who have already received training in these techniques. It is also recommended that participants already have a basic knowledge and practical experience around communication skills and basic counselling techniques (although you do not need to be a qualified or practising counsellor). Previous participants have included, social workers, learning mentors, school nurses, family support workers and school pastoral staff.

- ❑ **March 25<sup>th</sup> & April 1<sup>st</sup>                      Thursdays**
- ❑ **May 27<sup>th</sup> & June 10<sup>th</sup>                      Thursdays**  
**(note 2 weeks between training dates for this event )**
- ❑ **September 16<sup>th</sup> & 23<sup>rd</sup>                      Thursdays**
- ❑ **December 2<sup>nd</sup> & 9<sup>th</sup>                      Thursdays**
- ❑ **One more date between Jan-Mar 2011 – date TBC**

## **Psychosis**

This one-day training will give you an insight into psychosis and help to address some of the common myths that surround it. The reality of psychotic experiences, the effects on social inclusion, and the process of recovery will all be covered. You will develop your practice skills so that you can work safely with young people and their families.

Facilitated by staff from the Early Intervention Psychosis Team, at the Mall. This training is also generously supported by two service users who share their own valuable and thought-provoking stories of their own experiences of having psychosis and of being a carer for family members with the disorder.

It is required to attend foundation training 'Understanding Child and Adolescent Mental Health' prior to this event or have equivalent prior learning or experience.

- ❑ **June 9<sup>th</sup>    Wednesday**
- ❑ **November 25<sup>th</sup>                              Thursday**
- ❑ **One more date between Jan-Mar 2011 – date TBC**



## **Sexual Health – Beyond the Basics**

### **New addition to programme**

This new addition to the sexual health area of the programme also links in with substance use, mental health and domestic violence. This one-day training will look at some highly sensitive issues in this field including pregnancy options and abortion; media portrayal of attractiveness and the impact of pornography; violence in teen relationships and the scope of gender-based violence; local support services for rape and sexual assault.; sex and physical disability.

Any one of these topics could take up a single day of training by themselves so this will be a very full training event. It is being offered in response to recent research recommendations and feedback from delegates from our foundation training who have asked for opportunities to further explore some of these more challenging areas of sexual health.

It is required to attend foundation training 'Understanding Sexual Health' prior to this event or have equivalent prior learning or experience.

- ❑ **July 21<sup>th</sup>                                      Wednesday**
- ❑ **October 7<sup>th</sup>                                      Thursday**
- ❑ **One more date between Jan-Mar 2011 – date TBC**

## 2010/11 Multi Agency Training Programme Schedule Month-by-month

*All courses are fully subsidised for people working with under 25's in Swindon*

Date	Course name	Level	Venue
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### MARCH 2010

2 <sup>nd</sup> & 9 <sup>th</sup>	Understanding Alcohol & Other drugs	F	OAKT
4 <sup>th</sup> & 11 <sup>th</sup>	Building Self Esteem	A	LYDIA
10 <sup>th</sup> ^ 17 <sup>th</sup>	Understanding C&A Mental Health	F	B/GRN
24 <sup>th</sup>	Sexual Health Workshop	I	OAKT
25 <sup>th</sup> & Apr 1 <sup>st</sup>	Brief Interventions	A	PSCC

### APRIL 2010

20 <sup>th</sup>	Condom Scheme Induction	A	OAKT
21 <sup>st</sup> & 28 <sup>th</sup>	Self Harm & Eating Disorders	A	OAKT

### MAY 2010

4 <sup>th</sup> & 11 <sup>th</sup>	Understanding Alcohol & Other drugs	F	OAKT
5 <sup>th</sup> & 12 <sup>th</sup>	Understanding C&A Mental Health	F	OAKT
18 <sup>th</sup> & 25 <sup>th</sup>	Building Self Esteem	A	LYDIA
20 <sup>th</sup>	Sexual Health Workshop	I	DMJ
27 <sup>th</sup> & Jun 10 <sup>th</sup>	Brief Interventions	A	OAKT

### JUNE 2010

8 <sup>th</sup> & 15 <sup>th</sup>	Understanding Sexual Health	F	OAKT
9 <sup>th</sup>	Psychosis	A	OAKT
9 <sup>th</sup> –14 <sup>th</sup> July	Understanding Alcohol & Other Drugs	F	NEW/C
***The above course will be held between 7pm and 9pm over 6 weeks***			

### JULY 2010

1 <sup>st</sup>	Condom Scheme Induction	A	OAKT
1 <sup>st</sup>	Sexual Health – Working With Under 16s	A	OAKT
6 <sup>th</sup> & 13 <sup>th</sup>	Understanding C&A Mental Health	F	OAKT
15 <sup>th</sup> & 22 <sup>nd</sup>	Self Harm & Eating Disorders	A	OAKT
21 <sup>st</sup>	Sexual Health – Beyond The Basics	A	OAKT
20 <sup>th</sup>	Effects of Substance Use in Pregnancy	A	OAKT

### NO EVENTS RUNNING IN AUGUST

### SEPTEMBER 2010

2 <sup>nd</sup> & 9 <sup>th</sup>	Understanding Sexual Health	F	OAKT
8 <sup>th</sup>	Sexual Health Workshop	I	OAKT
14 <sup>th</sup> & 21 <sup>st</sup>	Understanding Alcohol & Other Drugs	F	OAKT
16 <sup>th</sup> & 23 <sup>rd</sup>	Brief Interventions	A	OAKT
28 <sup>th</sup>	Advanced Skills – Alcohol & Other Drugs	A	OAKT

## OCTOBER 2010

5 <sup>th</sup>	Condom Scheme Induction	A	OAKT
5 <sup>th</sup>	Sexual Health – Working with Under 16s	A	OAKT
7 <sup>th</sup>	Sexual Health – Beyond The Basics	A	OAKT
12 <sup>th</sup> & 19 <sup>th</sup>	Understanding C&A Mental Health	F	OAKT
14 <sup>th</sup> & 21 <sup>st</sup>	Building Self Esteem	A	LYDIA

## NOVEMBER 2010

2 <sup>nd</sup> & 9 <sup>th</sup>	Understanding Sexual Health	F	OAKT
4 <sup>th</sup>	Sexual Health Workshop	I	OAKT
10 <sup>th</sup> & 17 <sup>th</sup>	Self Harm & Eating Disorders	A	OAKT
18 <sup>th</sup>	Effects of Substance Use in Pregnancy	A	OAKT
24 <sup>th</sup>	Condom Scheme Induction	A	OAKT
24 <sup>th</sup>	Sexual Health – Working with Under 16s	A	OAKT
29 <sup>th</sup> & Dec 6 <sup>th</sup>	Building Self Esteem	A	LYDIA
30 <sup>th</sup> & Dec 7 <sup>th</sup>	Understanding Alcohol & Other drugs	F	OAKT

## DECEMBER 2010

2 <sup>nd</sup> & 9 <sup>th</sup>	Brief Interventions	A	OAKT
14 <sup>th</sup>	Advanced Skills – Alcohol and Other Drugs	A	OAKT
16 <sup>th</sup>	Sexual Health Workshop	I	OAKT

### Levels:

- I = **Introduction** – 2 hour stand alone sessions to introduce the key themes in the programme. Recommended for ALL staff in Children's Services
- F = **Foundation** – 2 –day events with a week between the two study days. Covering the fundamentals of sexual health, alcohol and other drugs or child and adolescent mental health. Recommended for at least one key member of staff in every agency working with children, young people and families.
- A = **Advanced** – Indicates an advancement from the foundation training. 1 and 2 day events that focus on more specific areas of learning around the 3 key themes of sexual health, mental health and substance use. Recommended for anyone seeking to champion these particular areas of work within their agency or service.

### Venues:

OAKT	=	Oaktree School Annexe
LYDIA	=	Lydiard Park Coach House
PSCC	=	Park South Community Centre
B/GRN	=	Broadgreen Community Centre
DMJ	=	9 <sup>th</sup> Floor, David Murray John Building
NEW/C	=	New College

**All applications must be made on appropriate forms and sent to –**

Multi Agency Training Team , Room 8, Oaktree Primary School Annexe,  
Priory Road, Park South, Swindon, SN3 2HA.

 Tracey Brown – 01793 496342. Email: [Tbrown2@swindon.gov.uk](mailto:Tbrown2@swindon.gov.uk) .....

## **Multi Agency Training Cancellation and Non Attendance Policy**

This policy relates to all courses co-ordinated and delivered through the Multi Agency Training Programme. Multi Agency training courses are fully subsidised, but a charge will be applied according to the following;

### **Cancellation**

Charges will be applied during the following times frames

Within 10 working days of the course date - £75 per full days training

A course applicant may withdraw without penalty when more than 10 working days notice has been given.

No charge will be applied if another team member or colleague fills the place.

### **Non-Attendance**

If a course applicant does not attend on the day of the course and the Multi Agency Training Administrator has had no notification, a full charge will be made of £75 per full days training.

### **Leaving early / arriving late**

Anyone missing more than an hour of any training event will forfeit his or her certificate of attendance. There will be no financial penalty.

If a course applicant knows that they will have to leave early or arrive late on a specific course then it is advisable for that individual to re book on a different date to allow them to complete the whole course.

When booking on a course your manager will sign to agree for you to be released from duty and work responsibilities for the whole training day.

### **Discretion**

Due to the nature of the course delivery and the high demand for course places, charges will be applied in most cases. Due to the way in which the Multi Agency Training is subsidised it is not financially viable to have empty places on courses due to non-attendance and cancellation.

This policy reflects those of external training providers who, when charging for places, will not offer refunds for non-attendance or late cancellation