

Alcohol and Other Drugs

(Foundation:2 days) 2009/2010

A great foundation!

Everyone who works with children and young people needs to have a grasp of the fundamental issues around their exposure to, and use of, alcohol and other drugs.

If you want to get to grips with these issues and feel more confident to talk about it with children and young people of ALL ages – this is the course for you.

Trainers:

Laura Holmes

(Drug & Alcohol Education Adviser - Healthy Schools Team)

Milly Carmichael

(Multi Agency Training Co-ordinator)

Content:

- o Exploring our values and attitudes to alcohol and drugs
- o The bio-psycho-socio-logical effects of alcohol and a range of commonly used drugs, in the short and longer term.
- o Assessment of risk
- o Supporting behaviour change
- o Understanding the reasons for young people's drug and alcohol use
- o Making links between substance use, sexual health and mental health

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|--|-----------------|---------------|-------------|
| March 2 nd & 9 th 2010 | (Tues) | 09:30 – 16:30 | Oaktree |
| May 4 th & 11 th 2010 | (Tues) | 09:30 – 16:30 | Oaktree |
| June 9 th – 14 th July 2010 | (Wed. evenings) | 19:00 – 21:00 | New College |
| September 14 th & 21 st 2010 | (Tues) | 09:30 – 16:30 | Oaktree |
| November 30 th & Dec. 7 th | (Tuesdays) | 09:30 – 16:30 | Oaktree |

If you like this...you might like these...

This foundation course complements the other foundation courses, 'Understanding Sexual Health' and 'Understanding Child and Adolescent Mental health' as a well-rounded, holistic foundation.

'Advanced Interventions with Alcohol and Other Drugs (previously titled 'S.U.I.T.') is a useful progression if working directly with young people and needing to make more detailed assessments.

What have previous delegates said about this course?

"Really interesting...I have been relaying info to family, friends and colleagues"

Connexions Worker

"Really well run course, questions all answered, fun / practical activities."

Community Development Worker

"I feel more confident in recognising signs of substance misuse now"

Learning mentor

Please note

This course is fully subsidised but non-attendance and cancellations that cannot be filled will be charged at £75 per day. If you leave early or arrive late you may forfeit your certificate of attendance

All applications to be sent to Tbrown2@swindon.gov.uk or Tracey Brown, Floor 9, DMJ Building, Canal Walk, Swindon, SN1 1LD