

Understanding Sexual Health

(Foundation: 2 days) 2009/2010

A great foundation!

If you want to get to grips with the fundamentals of sexual health and feel more confident to talk about it with children and young people of ALL ages – this is the course for you.

Experienced trainers ably supported by several representatives from local sexual health services and education to bring you a comprehensive grounding in the key issues.

Trainers:

Milly Carmichael

(Multi-agency Training Co-ordinator)

Laura Hill

(Community Health Adviser – GWH Sexual health Dept.)

+ **manv special quests!**

Content:

- o Finding a working definition of what 'sexual health' really means
- o Reflecting on how your personal values around sexual health impact on your practice.
- o Clarifying sex and the law
- o Causes, symptoms and effects of common sexually acquired infections.
- o The impact of homophobia on sexual health for all young people
- o Methods of barrier and hormonal contraception
- o Good practice in gender sensitive approaches to this work
- o Understanding what really goes on in school SRE lessons – primary and secondary

Venue Oaktree Centre, Priory Road, SN3 2HA

June 8 th & 15 th 2010	(Tues)	9:30 – 16:30	Oaktree
September 2 nd & 9 th 2010	(Thur)	9:30 – 16:30	Oaktree
November 2 nd & 9 th 2010	(Tues)	9:30 – 16:30	Oaktree
One more date between Jan- Mar 2011 tbc			

If you like this...you might like these...

This foundation event complements the others, 'Alcohol and Other Drugs' and 'Understanding Child and Adolescent Mental health' as a well-rounded, holistic foundation.

Advanced courses; "Building Self esteem... & 'Assessing Risk in under-16s' are both natural progressions from this event too.

What have previous delegates said about this course?

"I can now deliver sexual health more confidently" - youth worker

"A very well paced course, delivered in a passionate, enthusiastic and humorous way – love it. Lots of discussion + group work. Grown in confidence when doing one-to one work" - family link worker

****Please note****

This course is fully subsidised but non-attendance and cancellations that cannot be filled will be charged at £75 per day. If you leave early or arrive late you may forfeit your certificate of attendance

All applications to be sent to Tbrown2@swindon.gov.uk or Tracey Brown, Floor 9, DMJ Building, Canal Walk, Swindon, SN1 1LD