

# Parental Mental Health\*

**Course Description:** This course is designed as an introduction to mental health and its relationships with child protection cases (See the Adult, See the Child). This course will support professionals to work in partnership with families where parental mental health is a factor whilst also being confident in assessing risk and sharing information when appropriate. The course will promote understanding of child protection issues with mental health implications and explore the impact and effects of working with families where parents have mental health issues and the impact on their children.

**Target Group:** In addition to level 1 training this course is aimed at professionals across all agencies working with adults who are parents, children and families. Those undertaking this course will need to have completed Child Protection Level One Training.

**Training Level:** Level 2/3 (suitable for update training)

**Pre-Requisite Learning:** We recommend delegates complete child protection training at Level 1 or 2 before attending this course

## **Aims/Objectives:**

- Have an understanding of a range of mental health issues and how they present
- Explore the impact of mental illness on service users, children, carers and families, focusing on the voice of the child
- Explore local processes and procedures for addressing parental mental health, including the Swindon See The Adult See The Child Protocol, and how this relates to practice
- Understand more about the framework of relevant legislation and the roles of those who implement it
- Consider learning from Serious Case Reviews and relate these to practice
- Understand how risk factors in relation to mental health issues can be taken into account when making family assessments.

**Course Type:** Classroom

**Length of Course:** 1 day

**Valid for:** Designated Safeguarding Lead (DSL) and any deputies within schools and early years settings, need their training to be updated every 2 years in line with Keeping Children Safe in Education Guidance 2016. For all other staff, the LSCB recommends that child protection training is refreshed every three years

**Cost:** £100 to organisations that do not contribute to the Swindon LSCB budget  
£25 for Early Years staff  
Free of charge to all partner agencies

**Apply for a place via the [LSCB Training Booking Form](#)**

